




# ADULT DAY HEALTH

# March

# 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
10:30 Good News in Durham 2:00 Evening Parachute Fun 3:00 Tabletop Matching 	10:30 That was the Year of 2:00 BINGO 3:00 Seated Kickball	10:30 Spiritual Sing- A- Long 2:00 Dance Circle 3:00 Coffee Filter Flowers	10:30 Seated Hockey 2:00 Karaoke 3:00 Guess the Sound	11 2MW Dance Class 1 Balloon Volleyball 3:00 Friday Movie
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
10:30 Bean Bag Toss 2:00 Good Luck Ladybugs 3:00 Dancing to Ol' Time Favorites	10:30 Poetry Reading 2:00 Pamper Your Hands 3:00 Bowling/Walking Club	10:30 Painting w/ Similar Colors 2:00 BINGO 3:00 Table Top Balloon SWAT 	10:30 Drum Circle 2:00 Rainbow Color Sorting 3:00 Green Dough	11 2MW Dance Class 1 <b>Participant Council</b> 3:00 Friday Movie
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:30 March Madness Chit Chat 2:00 BINGO 3:00 Shooting for the Leprechaun	10:30 St. Pat on the Back Day 2:00 Shamrock Hunting 3:00 St. Pat Hangman	10:30 Spiritual Sing- A- Long 2:00 Wacky Table Bowling 3:00 What's under the Leprechauns Hat?	10:30 Signs of Spring 2:00 Quotes that have Meaning 3:00 Spring Forward Group Exercise 	11 2MW Dance Class 1 Guess the Missing Letters 3:00 Friday Movie
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:30 Stories from the Heart 2:00 Spring Wreath 3:00 Pool Noodle Fishing	10:30 DIY Bath Salts 2:00 Pamper Your Hands 3:00 Diabetes Alert Day/Walking Club	10:30 Find that Musical Instrument 2:00 Prep Whole Grain Snack w/ Staff 3:00 "MY Little Red Wagon"	10:30 The meaning of the color PURPLE 2:00 Conga Line 3:00 BINGO	11 2MW Dance Class 1 Wii Games 3:00 Friday Movie
<b>30</b>	<b>31</b>	Happy Birthday <b>Luna B. 3/3</b>		
10:30 Morning Golf 2:00 DIY Aroma Therapy Hand Lotions 3:00 Laundry Folding Day	10:30 Morning Adult Coloring 2:00 BINGO 3:00 Spring Cleaning Tips 