



ADULT DAY HEALTH

Medical Examination Report

Name _____ DOB _____

Most Recent Date Seen by Doctor prior to this visit? _____

The above named person has applied for, or is enrolled in our adult day health care program. Please completed this form in detail. Your careful examination and written recommendations will help to ensure that the applicant is provided appropriate care and services and will provide a current medical history in case of emergency. Information reported on this form is considered confidential and will be released only with the applicant’s written authorization.

1. Does the applicant have any of the following diseases or conditions? If so, please indicate whether or not the condition requires any special attention or restricts normal activities.

| CURRENT DISEASE/CHRONIC CONDITION | YES | Special Attention Required? | Restriction on Activities |
|--|-----|-----------------------------|---------------------------|
| Anemia | | | |
| Arthritis | | | |
| Asthma | | | |
| Blindness | | | |
| Cerebral Palsy | | | |
| Dementia – List type: Vascular, Alzheimer’s, Lewy Body, other? | | | |
| Diabetes | | | |
| Diarrhea | | | |
| Emphysema | | | |
| Epilepsy | | | |
| Fainting Spells | | | |
| Gastro-Intestinal Prob. | | | |
| Heart Trouble | | | |
| Hearing Problems | | | |
| High Blood Pressure | | | |
| Kidney Disease | | | |
| Down’s Syndrome | | | |
| Skin Disorders | | | |
| Stroke /Paralysis | | | |
| Tuberculosis | | | <i>*Test Results?</i> |
| Urinary Tract Problems | | | |
| Mobility Issues | | | |
| Intellectual Disability | | | |
| Other? | | | |
| Other? | | | |

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2. List all allergies or reactions to medications? _____

3. Is client receiving any on-going medical treatments? If so, please explain. _____

4. Does this person have any psychiatric problems? ____ NO ____ YES – if yes, please provide information re: type, severity, and treatment needs:

5. Does this person require constant supervision to make sure he/she does not do harm to self, others, or property? ____ NO ____ YES

6. Is this person at risk for wandering? ____ NO ____ YES

7. Does this person require any restrictions on physical activities such as walking, chair exercises, etc, - based on a medical condition? ____ NO ____ YES – If yes, please specify:

8. Please list all medications the person is now taking, or attach a separate sheet, listing dosages and times medications are to be taken.

| | |
|----|-----|
| 1) | 6) |
| 2) | 7) |
| 3) | 8) |
| 4) | 9) |
| 5) | 10) |

9. Special Diet? ____ NO ____ YES – If yes, please describe or attach a copy:

10. Any other comments? _____

I certify that I have examined this person & their health history and find him/her able to participate in an adult day health care program.

Date: _____ Signature _____

Printed Name _____

Licensed Physician or P.A.

Office Address/Phone/Fax:



AUTHORIZATION TO ADMINISTER MEDICATIONS and STANDING ORDERS FOR

Durham Center for Senior Life

406 Rigsbee Avenue | Durham, North Carolina 27701

Participant Name: _____ Birth Date _____

TO BE COMPLETED BY A LICENSED HEALTH PROFESSIONAL PRESCRIBING WITHIN THE SCOPE OF THEIR PRESCRIPTIVE AUTHORITY

I request and authorize the above-named participant be administered these medications(s) and/or treatment(s) in accordance with the instructions provided until an order to discontinue is received.

| NAME OF MEDICATION OR TREATMENT | DOSAGE | ROUTE /METHOD OF ADMINISTRATION | TIME(S) TO BE ADMINISTERED AT PROGRAM | ANY PARAMETERS OR SPECIAL INSTRUCTIONS |
|---------------------------------|--------|---------------------------------|---------------------------------------|--|
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*Please clearly print legible instructions. **It is required that you specify the times be given/ done at the day program.** Prescriptions written for participants for administration at program are also acceptable, if all requirement above are met.*

ROUTINE STANDING ORDERS

I understand that these may be administered to the above-named participant at the DCSL Adult Day Health Center

| | |
|------------------|---|
| YES OR NO | MYLANTA – 15 TO 30 CC; every 4 hours PRN indigestion |
| YES OR NO | TUMS – Chew 1 to 2 tablets; PRN gas or indigestion |
| YES OR NO | TYLENOL TABLET 325 MG. – 1 TO 2 tabs every 4 hours PRN pain |
| YES OR NO | TYLENOL TABLET 500 MG. – 1 to 2 tabs every 4 hours PRN pain |
| YES OR NO | ROBITUSSION – 1 to 2 teaspoons every 4 to 5 hours PRN cough |
| YES OR NO | ANTIBIOTIC OINTMENT – apply thin film to affected skin tear/abrasion PRN <i>(area may be first cleaned with peroxide, normal saline or betadine)</i> |
| YES OR NO | ACCUCHECK – blood sugar as directed by physician and or PRN for s/s of Hyperglycemia |

Licensed Health Professional Signature: _____ Date: _____

Phone Number: _____ Fax #: _____

Caregiver / Responsible Party Signature _____ Date _____

Note: Adult Day Health keeps Tylenol on hand. Please supply the other items that may be needed. All medications and over the counter medications must be in a pharmacy labeled bottle.