



WD Hill Weekly Activities



2017

Mon	Tue	Wed	Thu	Fri
8:30am—11:30am Coffee Talk	8:30am—11:30am Coffee Talk	8:30am—11:30am Coffee Talk	8:30am—11:30am Coffee Talk	8:30am—11:30am Coffee Talk
9:00am - 1:30pm Adult Coloring	9:00am - 1:30pm Adult Coloring	9:00am - 1:30pm Adult Coloring	9:00am - 1:30pm Adult Coloring	9:00am - 1:30pm Adult Coloring
10:00am - 11:00am Geri-Fit Class	11:30am Congregate Meal	9:00am - 10:00am Bingo Day	10:00am - 11:00am Line Dance	10:00am - 11:00am Tai Chi for Arthritis
11:30am Congregate Meal		10:00am - 11:00am Geri-Fit Class	11:30am Congregate Meal	11:30am Congregate Meal
		11:30am Congregate Meal		

**** 3rd WEDNESDAY OF EACH MONTH - DURHAM CITY LIBRARY - ON SITE**



- April 10—Arthritis Foundation Lunch and Learn
- April 12—Easter Egg Hunt

*If you would like to be a special guest or volunteer at JFK, please contact Durham Center for Senior Life 919-688-8247.