

Durham Center for Senior Life

Weekend Respite Care



DCSL is excited to now offer **FREE** Respite Care on the weekend!

The Durham Center for Senior Life is excited to start a new program for caregivers of individuals living with dementia or cognitive impairment in Durham. Through a grant awarded by the Administration for Community Living, DCSL is now able to offer **free** respite care at DCSL on the weekend at **no cost** to the participant.

Eligibility requirements are:

- Individual must be living in Durham with dementia or a cognitive impairment.
- **Does not** require any nursing services, such as medication administration or monitoring of any complex medical condition(s).
- Caregivers will need to agree to answering a short survey at the beginning of the service and every month they receive services.

Saturdays: 10:00 AM – 2:00 PM

Sundays: 9:00 AM – 1:00 PM

Caregivers will need to provide a bag lunch for their participant.

This lunch needs to be ready to eat as items cannot be reheated.

DCSL will provide a brain-healthy snack.

If you are interested in learning which days DCSL will offer Weekend Respite Care or learning more about this program, please contact Melissa Black, Dementia Care & Services Director, at (919) 688-8247 ext. 113 or at mblack@dcsln.org