

# Durham Center for Senior Life

## Saturday Respite Care



## DCSL is excited to now offer **FREE** Respite Care on Saturdays!

The Durham Center for Senior Life is excited to start a new program for caregivers of individuals living with dementia or cognitive impairment in Durham. Through a grant awarded by the Administration for Community Living, DCSL is now able to offer **free** respite care at DCSL on Saturdays at **no cost** to the participant.

Eligibility requirements are:

- Individual must be living with dementia or a cognitive impairment.
- **Does not** require any nursing services, such as medication administration or monitoring of any complex medical condition(s).
- Caregivers will need to agree to answering a short survey at the beginning of the service and every month they receive services.

**Saturdays: 10:00 AM – 4:00 PM**

*Caregivers will need to provide a bag lunch for their participant.*

*This lunch needs to be ready to eat as items cannot be reheated.*

*DCSL will provide a brain-healthy snack.*

If you are interested in learning which days DCSL will offer Weekend Respite Care or learning more about this program, please contact Melissa Black, Dementia Care & Services Director, at (919) 688-8247 ext. 113 or at [mblack@dcsln.org](mailto:mblack@dcsln.org)