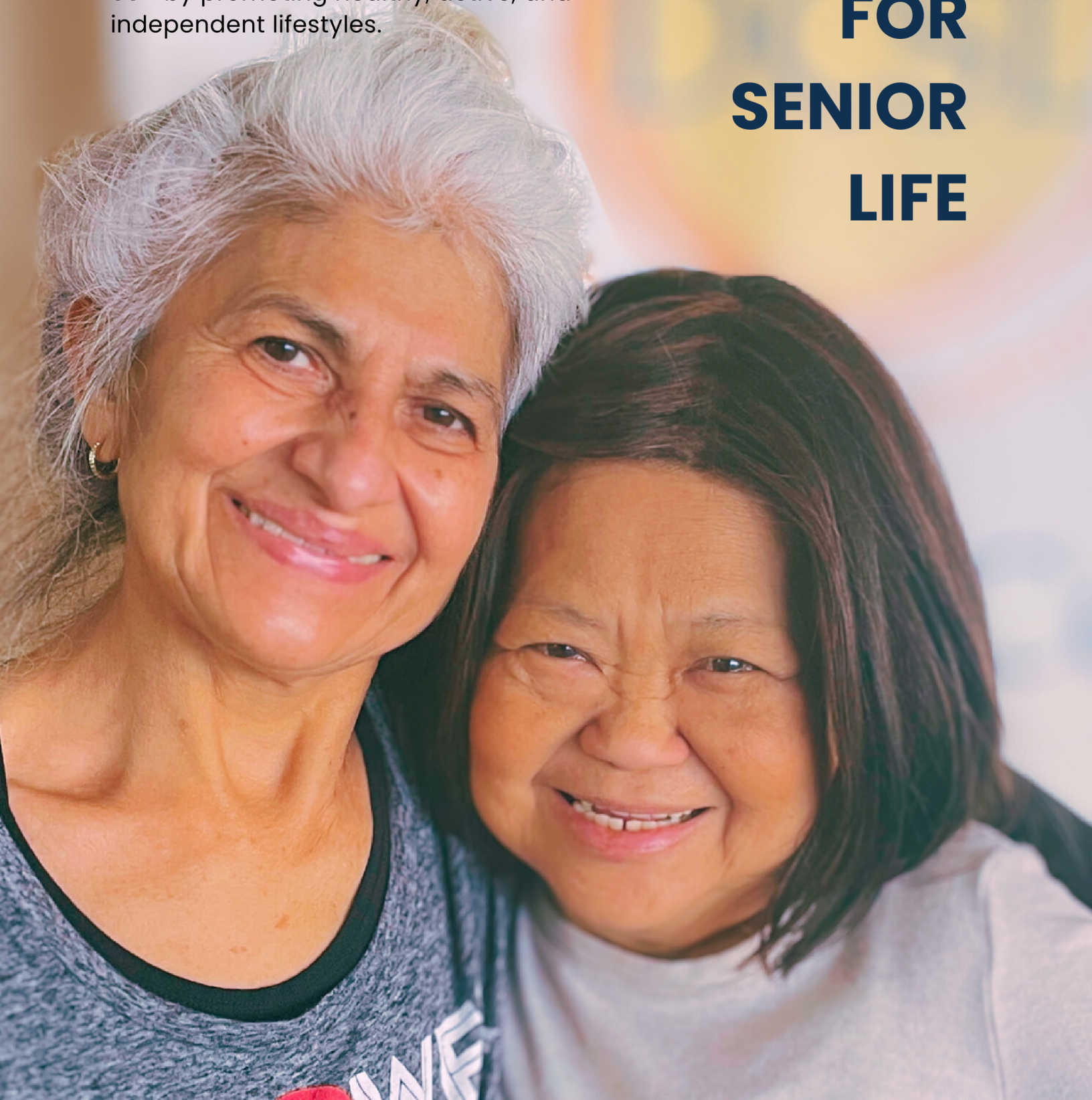




# FY 2022–2023 Annual Report

Enriching the lives of Durham older adults  
55+ by promoting healthy, active, and  
independent lifestyles.

# DURHAM CENTER FOR SENIOR LIFE





# CONTENTS

**2**

Message from the Executive Director

**3**

Our mission & strategic priorities

**4**

Promoting healthy lifestyles

**5**

Programs & services at a glance

**6**

Little River satellite site

**7-9**

Highlights & achievements

**10**

Service impact

**11**

In the words of DCSL older adults

**12**

Donor testimonial

**13**

Philanthropy at a glance

**14**

Financials

**15**

Diversity, equity, and inclusion

**16**

Our future

**17-18**

Photo gallery

**19-22**

Supports

**23**

Board of Directors & Senior Leadership



DCSL's FY 2022-2023 Annual Report encapsulates a year dedicated to our mission: enriching the lives of Durham older adults 55+ by promoting healthy, active, and independent lifestyles. The report summarizes the impact of DCSL's initiatives, the strides we've taken, and the heartwarming stories that exemplify our community's spirit. Join us in reflecting on our journey and celebrating the vitality of older adults.



# MESSAGE FROM THE EXECUTIVE DIRECTOR

**As we reflect on another year of service to older adults** in our community, I am thrilled to share the remarkable achievements we have made at the Durham Center for Senior Life.



At the heart of our mission is the well-being and empowerment of older adults, and I am proud to report that we have not only continued to fulfill our vision, but also deepened our impact in the Durham community.

Our senior center has experienced unprecedented growth in the past year, with expansions to our programmatic offerings, support services, adult day health center, and satellite site, Little River. Growth in these areas has enabled DCSL to continue to meet the ever-increasing need in the communities we serve, ensuring older adults have access to essential services and opportunities for connection, support, and enrichment.

This year, we have experienced remarkable highlights including hosting the Vice President, Madame Kamala Harris, and holding our First Annual Gala. Further, DCSL has been the focus of multiple media highlights, including two magazine features and multiple news stories. These milestones have elevated DCSL's visibility and enabled us to widen our reach in the community.

We have also utilized new funding streams, including the expansion of our partnerships, leasing our facility, and hosting a rental space for special events. Strategic financial planning and the diversification of our funding streams have ensured the long-term sustainability of the Durham Center for Senior Life.

DCSL's profound impact would not be possible without the generosity of our donors, funders, and stakeholders. Your dedication to our mission has been nothing short of inspiring, and we are deeply grateful for your support.

In closing, I would like to extend a heartfelt thank you to DCSL's board of directors, staff, participants, volunteers, and community partners. The rich tapestry of backgrounds, experiences, and identities is what makes DCSL the wonderful place that it is.

As we continue to enact our mission, we look forward to many more years of impact in the Durham community. Thank you to all of those who have supported the Durham Center for Senior Life in enriching the lives of older adults.

Seanyea Rains Lewis,

A handwritten signature in cursive script that reads 'Seanyea Rains Lewis'.

Executive Director



# OUR MISSION & STRATEGIC PRIORITIES

## Our Mission

To enrich the lives of Durham older adults 55+ by promoting healthy, active, and independent lifestyles.

## Our Strategic Priorities

### Community Partnerships & Engagement

We connect older adults and caregivers with quality resources and support through maintaining and building strong community partnerships. DCSL works closely with the community to promote engagement. Additionally, we work alongside supporters engaged in building relationships at the state legislature and other policy-making entities.

### Development

We continue to encourage brand recognition in our community through collaborative partnerships with our donors, grantors, and sponsors. Through these partnerships we are able to take our mission to new heights. Our social media presence continues to grow and has a track record of engagement.

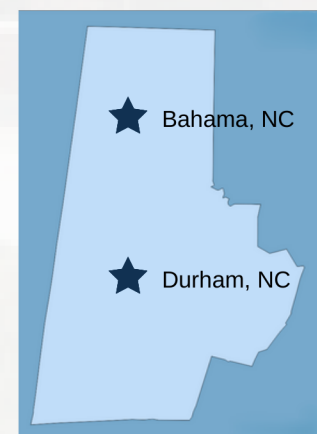
### Quality Programs & Services

DCSL is a recipient of the highest level of recognition from the state's AAA division as a Center of Excellence exemplary service provision. We provide a variety of recreational, evidenced-based programming, nutrition and community-based services that help the older adults we serve reach their maximum level of independence for as long as possible.

### Communities We Serve

The Durham Center for Senior Life has two locations within Durham County, supporting older adults in five cities/towns:

- Durham, NC
- Rougemont, NC
- Gorman, NC
- Research Triangle Park, NC
- Bahama, NC





*"Art is the journey of a free Soul"*

- Alex Oguz



## **We promote healthy lifestyles. TOGETHER.**

The Durham Center for Senior Life's mission is enacted through education, recreation, nutrition, and social services in a welcoming community setting. We are driven by a vision of a community where every older adult can thrive, regardless of their background or identity.

We achieve this through comprehensive services that support older adults in remaining social, active, physically and emotionally resilient, and independent for as long as possible. Our programs and services are tailored to meet the unique needs of older adults. We center the voices of our participants to ensure they are an active partner in our programs and community.

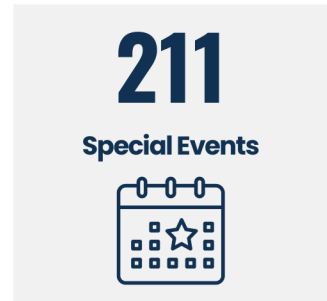


# PROGRAMS & SERVICES AT A GLANCE

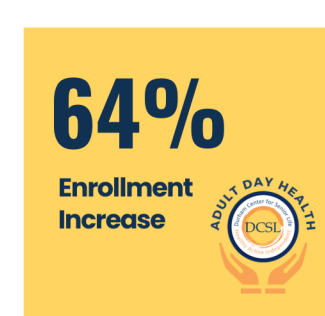
## Support Services



## Programs & Events



## Adult Day Health



## Dementia Services





## LITTLE RIVER SATELLITE SITE



**The Durham Center for Senior Life is a place for older adults to call home.**

DCSL offers a crucial space for connection, expression, and growth. Our satellite site, Little River, embraces a sense of community and belonging for the town of Bahama. Little River provides a place of comfort and belonging for older adults who live in rural communities.

During FY 2023, our Little River location increased enrollment by 48%, implemented a community garden, set in motion a shop & grab program, added a nutrition assistant, and launched a walking club.

In FY 2024, we will increase enrollment by 15% and expand our capacity for service at our Little River site.

**48%**

increase in attendance  
at Little River in FY 2023



## FY 2022–2023 HIGHLIGHTS & ACHIEVEMENTS



WRAL News covered a segment at the Durham Center for Senior Life on the **positive impact** the center has on super-agers.

---

DCSL **expanded** our program offerings, support services, adult day health center, and our satellite site, Little River.

As a result of generous donations and funding, DCSL serves **100+ meals per day** to older adults.

---

DCSL launched a Spanish-speaking club and an LGBTQ+ support group to **foster inclusion** and community in the center.

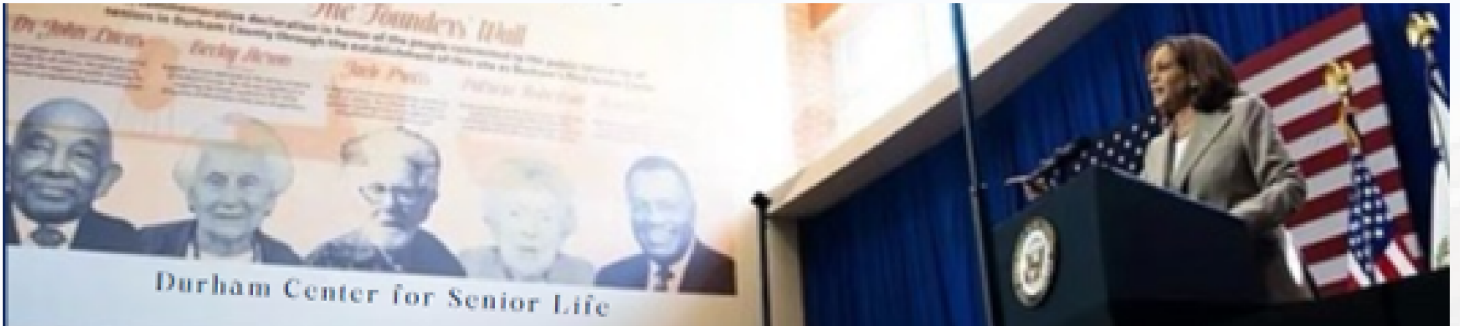


*DCSL is a standalone nonprofit, whereas many senior centers are covered under the umbrella of their county. For this reason, DCSL relies heavily on donations, grants, and sponsorships to serve older adults.*



# FY 2022–2023 HIGHLIGHTS & ACHIEVEMENTS

## HOSTING MADAM VICE PRESIDENT KAMALA HARRIS



In September 2022, we were honored to host the Vice President, Madam Kamala Harris, and North Carolina Governor, Roy Cooper, at the Durham Center for Senior Life.

---

### DCSL FIRST ANNUAL GALA



DCSL hosted a successful first annual gala. Our Master of Ceremonies was Kweilyn Murphy from ABC11 News.

---

Durham Mayor Elaine O'Neal made a guest appearance at DCSL's first annual gala.



---

### NC SENIOR TAR HEEL LEGISLATURE CELEBRATES 30TH ANNIVERSARY AT THE DURHAM CENTER FOR SENIOR LIFE



DCSL hosted an anniversary event for the North Carolina Senior Tar Heel Legislature, which aims to identify and address the most pressing issues facing older adults across the state.

# FY 2022-2023 HIGHLIGHTS & ACHIEVEMENTS



## CAPACITY BUILDING

DCSL received a **\$40,000** grant from the State Employees Credit Union Foundation for capacity building, marketing, and program evaluation.

Strategic financial planning and the diversification of our funding streams have ensured the long-term sustainability of the Durham Center for Senior Life. We embrace longevity in our ability to enact our mission to promote healthy, active, and independent lifestyles in older adults.

## COMMUNITY OUTREACH

With grant-funded support, the Durham Center for Senior Life increased outreach efforts and community visibility by **113%** in FY 23.







## SERVICE IMPACT

35,642

Meals served through our Congregate Meal Programs



## A PLACE OF LEARNING

Empowering older adults through technology, DCSL's tech classes bridge the digital divide, enriching lives one click at a time.

Technology classes for older adults offer an invaluable opportunity to cultivate digital literacy, fostering confidence and connectivity in an increasingly digitized world.

138

Older adults enrolled in our smartphone course during fiscal year 23.

# IN THE WORDS OF DCSL OLDER ADULTS

---

"Coming to DCSL was one of the best things that could have happened to me. The community here is wonderful and welcoming. You can always hear laughter in the building. I've made so many friends, who I now eat lunch with everyday. I love getting to know everybody at the center.



DCSL is a haven. It's a place where I can be myself. I feel safe and welcomed here. People are always here talking and having fun.

If I could tell older adults in the Durham community one thing, it would be that you don't have to be lonely. Come join the community at DCSL. Once you come for a couple of days, you will see it's a really wonderful place. It's family here. It really is."

- Kathy L.

"I really enjoy the exercise classes. It's so much fun to exercise with your peers. You forget that it is exercise. It not only relieves the stiffness but lifts your mood."



"Our teacher, Noah, is wonderful . His smiles, boundless energy, and encouragement makes this class so much fun. We laugh a lot!! Thanks for providing this class to help us seniors stay active."

- Eleanor H.

"The exercise programs and fitness center helped me to be able to walk without a cane, and I am mobile today because of it. We have a great time at the Durham Center for Seniorin the exercise room. I tell everyone about the senior center, and it's a blessing."



-Jewel M.



# WHY WE DONATE TO THE DURHAM CENTER FOR SENIOR LIFE

---



**MR. & MRS. LUIS GLEAN SR.**

Your mission aligns with our values, and we believe that your programs and services have a meaningful impact on those you serve. We were particularly impressed with the Adult Day Care Program. It was the service that resonated with us, and we felt that our donation could help make a difference in the lives of those who benefit from it.

We also appreciate the transparency and accountability that you demonstrated, which gives us confidence that our donation will be used effectively and efficiently.

We are grateful for the opportunity to support your organization and the work that you do, and we hope that our donation will help you to continue making a positive impact in our community.

- Luis Glean Sr.

# PHILANTHROPY AT A GLANCE



**55.1%**

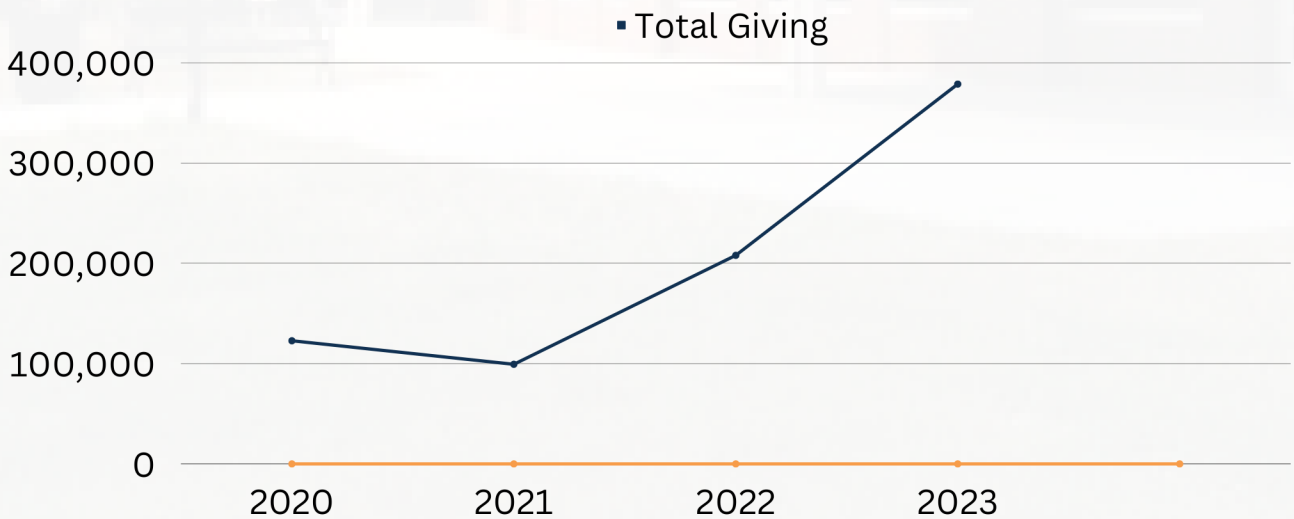
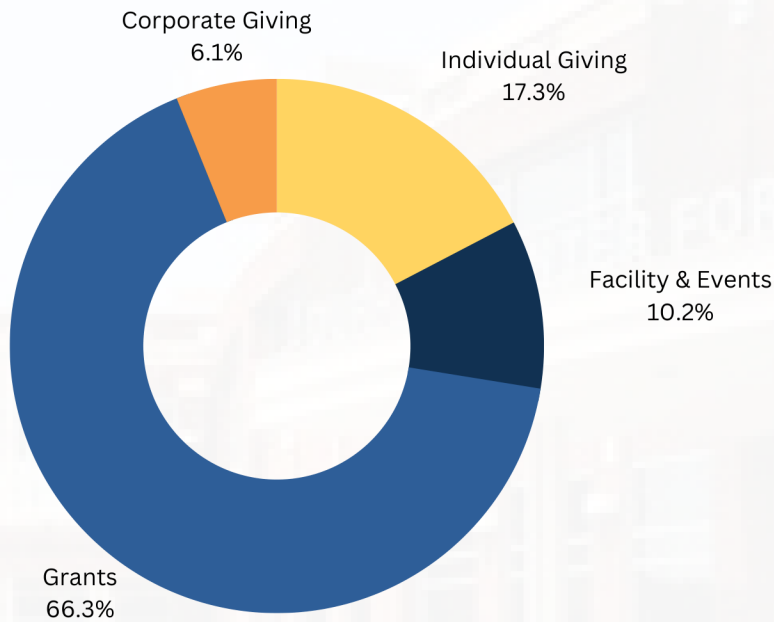
Increased Giving Total for FY 23



**52.4%**

FY 2022-2023 NEW Donors

## PHILANTHROPY AT A GLANCE



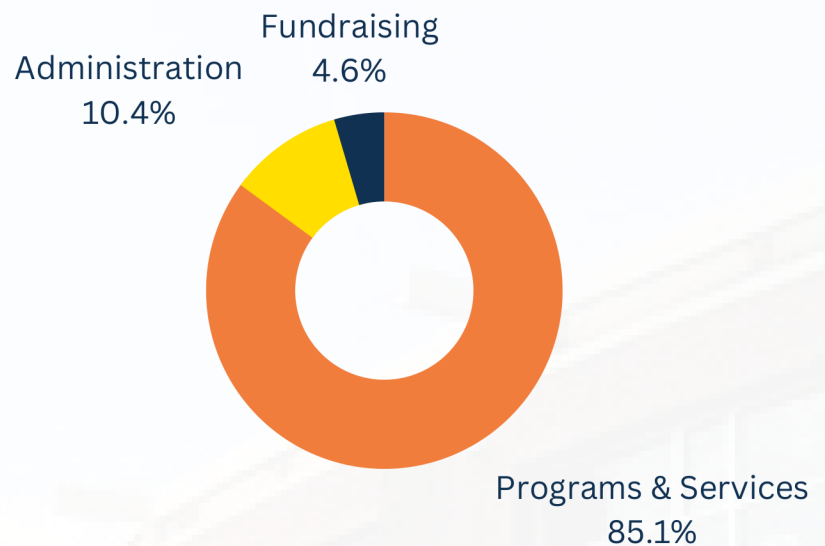


# JULY 1, 2022 – JUNE 30, 2023 FINANCIALS

## By the Community For the Community

---

100% of raised funds stay in Durham County. An average of 85 cents per dollar goes directly to fund services and programs.



---

## PROGRAMS: THE HEART OF DCSL'S WORK

DCSL's array of meticulously curated programs stands as a testament to our commitment to enriching lives and nurturing wellbeing within our community. Throughout the past year, these thoughtfully designed initiatives have served as catalysts for empowerment, fostering personal growth, social cohesion, and lifelong learning among our participants.

From wellness workshops that promote physical vitality to cultural events that celebrate diversity, each program reflects our dedication to addressing the multifaceted needs and aspirations of our older adults. As DCSL continues to evolve, we remain steadfast in our pursuit of excellence, consistently striving to craft programs that inspire, uplift, and create a lasting positive impact in the lives we touch.

## DIVERSITY, EQUITY, AND INCLUSION AT DCSL

At the Durham Center for Senior Life, our mission is to enrich the lives of Durham older adults 55+ by promoting healthy, active, and independent lifestyles. We are driven by a vision of a community where every older adult can thrive, regardless of their background or identity.

Inclusion lies at the heart of the Durham Center for Senior Life. We are dedicated to creating an environment that welcomes and embraces each and every individual, recognizing the rich tapestry of experiences, cultures, and perspectives that make up the DCSL community. We firmly believe that diversity is our strength, and we are committed to fostering a space where everyone feels valued, respected, and empowered.

### AGING WITH PRIDE

---

DCSL launched Aging with Pride, a bimonthly support group for LGBTQ+ older adults and allies.



### SPANISH-LANGUAGE PROGRAMS

---

DCSL expanded its Spanish-language program offerings, including a twice weekly Bingo-Cize class and a weekly Hispanic Meetup





## OUR FUTURE: A LIFETIME TOGETHER

---

The Durham Center for Senior Life is grounded in close to 75 years of community trust and respect, and we are ready to continue to meet the needs of our aging neighbors for generations to come. All contributions to our annual campaign, "A Lifetime Together", have a direct impact towards increasing our capacity, programmatic offerings, and the number of lives we touch daily. When you give to DCSL, you can be confident that your investment ensures a healthier, happier tomorrow for all.

The vibrantly aging population of Durham grows every day. As we look ahead, expanding our annual giving will ensure that older adults have access to this vital community resource. Our donors support older adults' ability to remain independent for as long as possible, decrease the number of older adults experiencing social isolation, provide a daily nutritious meal for older adults, and support fitness. We share your passion for improving lives, supporting older adults, and educating communities. Together, we can make a difference for the growing number of aging loved ones in Durham. Together, we will share a lifetime.



# PHOTO GALLERY



Club Hispano | Hispanic Club



Twin Day | Día de los gemelos



Sunday's Best  
La mejor del domingo



African Drumming  
Tambor africana



Castle Theatre Company  
Compañía de Teatro del Castillo



Hunger Action Day  
Día de Acción contra el Hambre



Club Hispano Artwork  
Obra del Club Hispano



Card Games | Juegos de cartas



Twin Day | Día de los gemelos



DCSL Spirit Week  
Semana del espíritu DCSL



Twin Day | Día de los gemelos



# PHOTO GALLERY



Sunny day on the balcony  
Día soleado en el balcón



Little River Quilting Group  
Grupo de acolchado Little River



Member Check-in  
Registro de miembros



Daily card games  
Juegos de cartas diarios



Art classes at DCSL  
Clases de arte en DCSL



Cold drinks on the balcony  
Bebidas frías en el balcón



Piano time in the Lower Commons  
La hora del piano en Lower Commons



Fresh produce giveaway  
Sorteo de productos frescos



Line dancing group  
Grupo de baile en línea



"We are better together"  
"Estamos mejor juntos"



Yoga Session | Sesión de yoga



Congregate meal time  
Hora de comer en grupo



# FY 2022-2023 Supporters

## Thank you to our generous supporters

The Durham Center for Senior Life depends on donations to enact our mission of enriching the lives of Durham older adults 55+ by promoting healthy, active, and independent lifestyles. Thank you to all of our donors and supporters from July 1, 2022- June 30, 2023.



*The Durham Center for Senior Life received a gift from Blue Cross NC.*



*The Durham Center for Senior Life received a gift from Vrroom VIP Up Close & Personal, a local jazz organization.*

**\$250,000 & above**

Administration Community Living  
Durham County Department of Social Services  
Triangle J Council of Government

**\$100,000-\$249,999**

Veteran Affairs

## \$50,000-\$99,999

The Forest at Duke

## \$25,000-\$49,999

State Employees Credit Union

## \$10,000-\$24,999

Barnes Family Foundation  
Communities in Partnership  
Duke Building Healthy Communities  
Older Adult Technology Services  
Truist (FKA SunTrust Bank)

## \$5,000-\$9,999

Durham Merchants Association  
Patsy Zeigler

## \$2,500-\$4,999

American Heart Association  
Duke Energy Foundation  
Duke Office of Durham & Community Affairs  
Food Lion Feeds Charitable Foundation  
Dr. Jenny P. Horton  
Humana  
Oak Street Health  
VRROOMVIP: Up Close & Personal LLC

## \$1,000-\$2,499

American Online Giving Foundation  
Dr. Harvey and Sandra Cohen  
Ann Fogg  
Foundation For The Carolinas  
Sheryl Jordan  
Seanyea Rains Lewis  
Kareem Macon  
Frank Manning  
Veronica Root Martinez  
Samet Corporation  
James Sanders Jr.  
Nathan Summers  
William M. Spreitzer  
Town and Country Garden Club  
Sara L. Townsend

## \$500-\$999

Anonymous  
The Benevity Community Impact Fund  
Amanda Borer  
Julie Carroll  
Carroll Circlus, LLC  
Charles Chapman  
Paul W. Cook  
Joyce Young Evans  
Jennifer Garst  
Luis and Pamela Glean

NC State Employees Combined Campaign  
Nulook Home Care Agency  
Laura Prebill  
Eric and Laurael Robichaud  
Tracy R. Vaughn  
Self-Help Credit Union  
St. Paul's Lutheran  
James Tabron  
The Santa Fund  
Triangle Luncheon Civitan  
United Way of the Greater Triangle



## \$250-\$499

Sue Alexander  
Kathleen T. Allen  
Harold Anderson  
Alpha Zeta Omega Chapter of Alpha Kappa Alpha  
Blue Cross Blue Shield Of North Carolina  
Patricia A. Bynum  
Durham Alumnae Chapter of NC A&T Univ.  
Floyd and Cynthia C. Ferebee  
Liza Genao  
Vinston and Cecelia Goldman  
Johnny A. Hill  
Impact for Good, LLC  
Susan and Charles Kauffman

Susan Lebkes  
Milta Little  
Gehad Lobbad  
Tami A. Love  
Theresa G. Lynch  
Lauretta Evans Matthews  
Jay Lytton Peters  
Gene and Gloria A. Rentrope  
Kay and Mike Rosenmarkle  
Janet I. Sorensen  
St. Titus Episcopal Church  
The LGBT Center of Durham

## \$100-\$249

AmazonSmile  
Anita S. Torain  
Anne Berkley  
Carl and Lu Rose  
Carl Lee Algood  
Caroline L. Lattimore  
Catherine C. Hester  
Chiquita H. Moore  
Cordelia E. Carter  
Craig E. Hyman  
Crystal Taylor  
Cynthia D. Carter  
Cynthia Melton  
DBA Triangle Vending  
Debbie Ball  
Deborah Walker-Brown  
Dianne King  
Dr. Beverly E. Rogers  
Drs. Sampson and Lizzie Harrell  
Duncan Heron  
Elaine Sanders  
Eleanor A. Randolph  
Elsie C. Leak  
Erica Brandon  
George Long, Sr.  
Geraldine CT Carver  
Gillian Hayden

Gregory Farrington  
Hughes Patterson, Major  
IBM Retiree Charitable Campaign  
Inez Green  
Irish Turrentine  
James Johnson  
Jerome Stevens  
Joel Carroll Smith  
Johannes Leonardo  
Joseph Roundtree  
Keith Murchison, Sr  
Ken and Peggy Kernodle  
Lee and Veronica Johnson  
Lilla Ellison and Carmen E. Dorsey  
Linda Gunn  
Linda H. Jones  
Linda P. Roberts  
Linda S. Evans  
Lynn and Daphne H. Smith  
Margaret R. Rothchild  
Marion Thulbery  
Martha Scotford  
Michael D. Page  
Michael Williams  
Odessa Vaughan  
Oliver L. and Fannie W. Wilson  
Oscar M. Lewis, Jr.

Pledgeling Foundation  
Ralph and Faye Hester  
Rosa H. Brown  
Rosamond A. Hylton  
Rose Vaughan  
Samuel and Teresa Barham  
Seronda Robinson  
Tamara L. Hill  
Ted R. Rogers, Sr.  
TOPS Chapter #NC 820  
Union Missionary Baptist  
Church of Durham NC  
Vaijeane K. Simpson  
Vickie Beard-Morris  
Vonda Richey  
William and Wadeah Y. Beyah  
William E. Porter  
William L. Noel

Alice M. Clements  
Almeta G. Jordan  
Bernard and Barbara R. Bell  
Betty Borden  
Brenda H. Bell  
Carol Anderson  
Carolyn R. Lee  
Charles E. Orcutt  
Clarice Preston  
Cynthia and Clarence Rains  
Deborah Robinson  
Debra A. Destefano  
Debra K. Stewart  
Diane Covington  
Diane J. Lamb  
Donna Barnes  
Doralisa Reyes  
Doretha H. Hamidullah  
Dr. Norma Carillo  
Eliza Huntley  
Elizabeth H. Jones  
Elliot Phillystine  
Emilie Johnson  
Ernest Winkfield  
Esther and Peter Bent  
Eva McKoy  
Evelyn S. Slappy  
Freddie Donaldson  
George Perry  
Geraldine Suitte  
Geraldine Thompson  
Geraldine Williams  
Geraleen Singletary  
Gisele Bell  
Gizette Webb  
Golda Ellis  
Gretchen M. Bell  
Guy Potter  
Harriet Harman  
IBM Employee Giving  
Jacqueline A. Vaughan  
Janie J. McMillan  
Jannie Cozart  
Jesse L. Uzzell

Joan Norris Shipman  
John E. Russell  
Kevin Montgomery  
Kisha High  
Lena E. Dunston  
Lillian W. Downey  
Lillie and Joseph Colvin  
Linda Brown  
Louise Maynor  
Lucy Voldanaldis  
M. Ann Shonkwiler  
Mae A. Karim  
Marie Altidor  
Mary and Walter Weathers  
Mary Delois Jacobs  
Maxine Bivens  
Melvin Hayes  
Myrna C. Adams and Jacqueline Looney  
Neal and Gayle Shepherd  
Nellie Mann  
Network For Good  
Noah L. Penny  
Norma Smith  
Orange Grove Missionary Baptist Church  
Patsy G. Ray  
Pearline Washington  
Peggy W. Trutt  
Phyllis A. Wright  
R.A. Davis-Layne  
Ray Jeffers  
Robert J. Emelle  
Rosetta M. Deshields-Mangum  
Sadie Davenport  
Sarah Roper  
Sylvia Blalock  
Tarshia McGlockton  
Thomas M. Scala  
Tringland Jones  
Velma J. Futrell  
Vernon L. Langley  
Victoria M. Washington  
Wendy Sue Jacobs and Michael William Meredith

***When  
you learn,  
teach.  
When  
you get,  
give.  
— Maya  
Angelou***





Durham Center for Senior Life  
 406 Rigsbee Ave. Ste 202  
 Durham NC 27701  
 (919) 688-8247  
[www.dcsln.org](http://www.dcsln.org)



## Senior Leadership Team

### **Executive Director**

Seanyea Rains Lewis, MS

### **Director of Human Resource**

Monica Weaver

### **Director of Finance**

Debbie Ball

### **Director of Development**

Gillian Hayden

### **Senior Center Director of Programs**

Carla Albury

## Board of Directors

### **Board Chair**

Paul Cook

### **Vice Board & Governance Chair**

James Tabron, MSW, MCP

### **Secretary**

Amanda Borer

### **Treasurer & Finance Chair**

Nathan Summers

### **Adult Day Health Program Chair**

Erica Brandon, LCSW

### **Development Chair**

Patsy Zeigler, MBA

### **Board Members**

Julie Carroll

Guy G. Potter, PhD

Bill Spreitzer

Kareem Macon

Dr. Liza Genao

Dr. Michael Delano Page

Veronica Root Martinez, JD

Dr. Yolanda M. VanRiel



@DurhamSeniors



@DCSLNC



@DCSLNC



Durham Center  
for Senior Life