

FOR IMMEDIATE RELEASE

The Durham Center for Senior Life Celebrates 75 Years of Empowering Older Adults

[DURHAM, NC, December 01, 2023] – The Durham Center for Senior Life (DCSL) announced its upcoming 75th anniversary, marking a significant milestone in its commitment to enriching the lives of older adults in the Durham community.

Established in 1949, DCSL has been at the forefront of promoting healthy, active, and independent lifestyles for older adults. The center offers various programs and services, which range from educational classes, nutritional programs, cultural groups, special events, exercise classes, support groups, art workshops, caregiver support, dementia management, adult day health care, and more.

Further, the center's award-winning technology classes champion digital equity, equipping older adults with essential digital skills to stay connected in an increasingly digital world.

The center's 75th anniversary tagline, "75 Years of Empowering Older Adults", captures the essence of DCSL's commitment to providing resources, programs, and support that empower older adults to thrive in their golden years.

Ongoing Impact in the Community

Over the past 75 years, DCSL has left an indelible mark on the Durham community through a myriad of impactful initiatives.

Currently serving over 200 older adults per day, DCSL is a cornerstone of support in Durham, especially for historically underserved communities. The center remains deeply rooted in the community, committed to addressing the unique needs of its older residents.

Expanding Impact and Looking to the Future

As DCSL celebrates 75 years of service, the commitment to expanding its impact remains unwavering. With the support of dedicated donors, funders, stakeholders, and the broader community, the center aims to continue enacting its mission, reaching even more older adults and addressing evolving needs.

"We are immensely proud of the legacy we have built over the past 75 years," said Seanyea Rains Lewis, Executive Director of DCSL. "Our journey has been one of growth, resilience, and unwavering dedication to the wellbeing of older adults in Durham. As we look ahead, we are excited about the opportunities to expand our impact and continue serving as a lifeline for older adults in our community."

Get Involved in the Celebration

DCSL's 75th-anniversary year will kick off in January, 2024. DCSL invites the community to support its ongoing efforts to empower older adults in Durham by engaging in the center

through donating, volunteering, or coming by for a tour. Those who are 55+ are encouraged to join the center and partake in all that the center has to offer.

For more information, please visit dcslnc.org or contact Mika Bukowski at mbukowski@dcslnc.org or (919) 688-8247 ext. 126.

About Durham Center for Senior Life:

The Durham Center for Senior Life is a nonprofit organization dedicated to enriching the lives of older adults in the Durham community by promoting healthy, active, and independent lifestyles. Through a variety of programs and services, DCSL serves 200+ older adults each day and has been an integral part of the Durham community for nearly 75 years.