



APRIL 2024



DCSL SECC # 4109

# OUR TIMES

DURHAM CENTER FOR SENIOR LIFE NEWSLETTER



**Enriching the lives of older adults 55+ by promoting healthy, active, and independent lifestyles**

*Enriquecer la vida de los adultos mayores de 55 años promoviendo estilos de vida saludables, activos e independientes*

## TABLE OF CONTENTS

Message from our Executive Director	2	Weekly Program Calendar	8
Photo Gallery	3	Technology Classes	8
EATS: Shop & Grab	4	April Celebrations	9
Caregiver Support Group	4	Health Promotions Classes	9
Durham County Veteran Services	4	New Classes & Friday Matinees	9
Durham County Crisis Services	4	Recurring & Evening Programs	10
Enjoli's Faithful KiNeXionZ	4	406 Cafe Menu	11
Counseling Clinic	4	Little River Calendar	12
Essential Supply Drive	4	Thank you, DCSL Volunteers	13
Nutrition Today	4	Support DCSL at Lakewood Social	13
More in My Basket	4	Word Search	14
75th Anniversary Gala	5	Aging with Pride	14
Special & Monthly Events	6	Our Team & Announcements	16
Weekly Program Calendar	7	Community Supporters	16



## A Message From Our Executive Director

Dear Community,

This month, we celebrate **National Volunteer Month**, and I am overflowing with gratitude and admiration for each and every one of our amazing volunteers. Your unwavering dedication, boundless generosity, and endless compassion have profoundly impacted the lives of countless older adults in our community.

Throughout the past year, you have selflessly given your time, talents, and energy to uphold our mission of enriching the lives of older adults. Whether it's assisting with daily programs, organizing special events, providing companionship and support, or lending a helping hand wherever needed, your contributions have been nothing short of extraordinary.

Your steadfast commitment to serving older adults is an example of the remarkable spirit that defines our community. Your acts of kindness and generosity have brought immeasurable joy, comfort, and companionship to those we serve, enriching their lives in ways beyond measure.

As we pause to reflect on the past year and look forward to the opportunities that lie ahead, I want to express my deepest gratitude to each and every one of you for your unwavering dedication and service. Your selflessness, resilience, and boundless compassion inspire us all, and we are profoundly grateful for the impact you make in the lives of older adults every single day.

Thank you for being an integral part of the Durham Center for Senior Life community. Your kindness, generosity, and steadfast support are treasures that we hold dear and cherish deeply.

With heartfelt appreciation,

Seanyea Rains Lewis  
Executive Director



## Photo Gallery | Galería de Fotos

DCSL's **Women's History Month Celebration** was an impactful tribute to the achievements and resilience of women.



DCSL sewing class



We had a wonderful St. Patrick's Day at DCSL!



French class with Adama Traoré



Birthdays are always special with the DCSL community!

## EATS: Shop & Grab

Tuesday, April 2nd | 9:00am - 12:00pm

**Registration opens Thursday, April 28th | 8:30am**

To register: walk-in or call 919-688-8247 ext 104



### Caregiver Support Group



**Thursday | April 11th | 12:30pm**  
**DCSL Boardroom**

Join our community of caregivers for support. Open to those who are a caregiver for someone 55+.

### Durham County Veteran Services

**Mondays | Tuesdays | Fridays | 9:00am – 1:00pm**  
**Wednesdays | Thursdays | 1:00pm – 3:00pm**

Provides counsel to veterans and/or their family members on government veterans' benefits

**Call (919) 688-8247 ext. 103**

### Durham County Crisis Services

Financial assistance, utilities, direct medical, bus passes, burials, and more.

**Wednesdays: 4/10 | 4/24**

**9:00am – 1:00pm | 919-688-8247 ext. 103**

### Enjoli's Faithful KiNeXionZ

Enrollment Specialist who assists recipients of SNAP, Medicaid, SSI, disability, retirement, WIC, Section 8, and Pell Grant with **a free phone and tablet.**

**First & Third Thursdays**  
**11:00am – 1:00pm | Office 216**

### NCCU EAGLE COUNSELING CLINIC

**Tuesday: 4/2 | 4/9 | 4/16**

**1:00 pm – 2:30pm | Office 216**



NCCU counseling students will conduct one-on-one sessions and wellness conversations, connecting older adults to mental health resources.

**Please call 919-688-8247 ext. 103**

### ESSENTIAL SUPPLY DRIVE

**Through the month of April**

Donation requests canned veggies, fruit; cereal; juice; pasta; hygiene & household items.

Please bring donations to the DCSL Support Services Office



## NUTRITION TODAY

### Cooking Demonstrations

**Durham County DINE | 406 Cafe**

Friday, April 5th  
9:30am - 10:30am

**Interfaith Food Shuttle | Classroom**

Friday, April 19th  
10:00am - 12:00pm

## More In My Basket

### SNAP benefits assistance

**Wednesday, April 3rd**

**9:00am – 12:00pm**

**Call 919-688-8247 ext. 103**



DURHAM CENTER FOR SENIOR LIFE

# 75th Anniversary Gala

APRIL 27TH, 2024 | 6:00PM - 9:00PM



Dinner | Live Music | Silent Auction | Cash Bar | Raffle

**All proceeds support the Durham Center for Senior Life!**

[dcsInc.org](http://dcsInc.org) | (919) 688-8247 ext. 123



**Durham School for the Arts: Jazz Club Performance | Monday, April 1st | 12:15pm – 1:00pm | Lower Commons.** Enjoy jazz favorites and contemporary hits from Durham School for the Arts students. No registration required.

**Moving Mom & Dad | Monday, April 8th 12:30pm – 1:30pm | Theater.** What are the five mistakes to avoid when moving your loved ones? Start preparing now. Presented by a Certified Senior Housing Professional, Tracy Drakeford-Pierce. Register: 919-688-8247 ext. 110.

**Grief Peer Support Group Fellowship Potluck | Tuesday, April 9th 1:00pm – 2:30pm | Classroom.** This fellowship and potluck is designed to allow people experiencing grief to share their stories and a meal. All are welcome. Call 919-688-8247 ext. 110 to register.

**UNC School of Dentistry Oral Hygiene Presentation | Wednesday, April 10th 9:30am – 10:30am | Theater.** UNC School of Dentistry students will share information about oral health and its connection to overall health. Register: 919-688-8247 ext. 110.

**Streaming vs Cable: Making the Right Choice | Thursday | April 11, 2024 | 1:00pm | Computer Lab.** Cable bill too high? Considering cutting the TV Cable? Join us for a discussion on "Streaming and Smart TVs pros and cons." Registration is not required.

**End-of-Life Doula Presentation | Friday, April 12th 10:00am – 11:00am | Theater.** End-of-Life Doula, Jane Dornemann, will explain how end-of-life doulas help patients and their families navigate the dying process, from designing your dying space to educating caretakers on what to expect and how to prepare. Register: 919-688-8247 ext. 110.

**Painting with Police: April Foolery | Wednesday, April 17th, 12:30pm - 3:00pm | Art Studio.** Socialize and paint with Durham Police Officers. Register: 919-688-8247 ext. 110. Limit: 10 participants.


**Durham Volunteer Network Speaker Series: Reality Ministries | Thursday, April 18th 12:30pm – 1:30pm | 406 Café.** Build community with volunteers from other organizations and learn about volunteer opportunities around Durham. Register: 919-688-8247 ext. 110.

**What's Happening at Duke | Friday, April 19th 10:00am – 11:00am | Theater.** Duke University's Postdoctoral Association will offer interactive presentations. This month's topic: From messages to medicine: An introduction to RNA. Register: 919-688-8247 ext. 110.

**Scams and Fraud Presentation by The Durham County Library | Thursday, April 25th 10:00 am – 11:00 am | Theater.** We will go over a few common scams, what to look for to identify a scam, and what to do if you have been scammed. Register: 919-688-8247 ext. 110.

**Senior Legal Advisor Presentation: Fraud Against Seniors | Monday, April 29th, 12:30pm – 1:30pm Theater.** Certified Senior Advisor, Rick Messemer, will share more information about issues legal issues of interest to Seniors. Register: 919-688-8247 ext. 110. This in-person event will be livestreamed on DCSL's Facebook page: [facebook.com/DurhamSeniors](https://facebook.com/DurhamSeniors) 

**Legend**

AR - Activity Room  
 AS - Art Studio  
 BR - Boardroom  
 CR - Classroom  
 ER - Exercise Room  
 FC - Fitness Center  
 RR - Rec Room  
 LC - Lower Commons  
 TH - Theatre  
 TR - Tech Room  
 VR - Volunteer Room  
 V - Virtual  
 C-Cafe  
 Broadcast on DCSL  
 Facebook page:   
 \*Call for information:  
 (919) 688-8247 ext. 110

**Daily Drop-ins:***Fitness Center**Computer Room**Recreation Room***Monday:**

8:30am - 7:00pm

**Tuesday:**

8:30am - 7:00pm

**Wednesday:**

8:30am - 7:00pm


**Thursday:**

8:30am - 7:00pm

**Friday:**


8:30AM - 4:45PM

**Monday**

**8:45am - 9:45am**   
 Muscle Pump **ER**

**9:00am - 11:30am**  
 Card Stamping (2nd and  
 4th) **AS**

**9:30am - 10:30am**  
 Intermediate French **VR**

**10:00am - 11:00am**   
 Total Body Workout **ER**

**10:00am - 12:00pm**  
 Ping Pong **AR**

**10:30am - 12:00pm**  
 Health and Wellness  
 Support Group **VR**

**11:00am - 1:00pm**  
 Sewing **AS\***

**1:00pm - 2:30pm**  
 Monthly Stroke Survivor  
 Support Group **VR**

**1:00pm - 2:00pm**  
 Monday Zumba **CR**

**1:00pm - 2:00pm**  
 Bible Study **CR**

**1:00pm - 2:00pm**  
 Afternoon Bingo **LC**

**1:00pm - 3:00pm**  
 Advanced Watercolor **AS\***

**3:30pm - 4:30pm**  
 Life Line Dancers **ER**

**Tuesday**

**8:35am - 9:30am**  
 Line Dancing **ER**

**9:00am - 12:30pm**  
 Open Art Studio **AS**

**9:30am - 10:30am**  
 Smartphone & Computer **VR**

**9:30am - 10:55am**  
 Take Off Pounds Sensibly **CR**

**10:00am - 11:00am**   
 Yoga Your Way **ER**

**10:15am - 11:00am**  
 Chair Yoga **AR**

**11:00am - 12:00pm**  
 American Sign Language **VR**

**11:00am - 12:30pm**  
 Belly Dance **ER**

**12:00pm - 2:30pm**  
 Crocheting Club **VR**

**12:00pm - 4:45pm**  
 Pinochle **AR**

**1:00pm - 2:00pm**  
 Afternoon Bingo **LC**

**1:00pm - 2:30pm**  
 Grief Peer Support **CR**


**1:00pm - 3:00pm**  
 Quilt-making **AS**

**1:00pm - 2:00pm**  
 Tai Chi **ER**


**2:15pm - 3:15pm**  
 Arthritis Exercise **ER**

**3:00pm - 4:00pm**  
 Reading Consultations **VR**

## Wednesday

**8:45am - 9:45am**   
Muscle Pump **ER**

**9:30am - 10:30am**  
French Conversation **AS**

**10:00am - 11:00am**   
Total Body Workout **ER**

**10:00am - 11:00am** (1st Weds)  
Monthly Walking Club **CR**

**10:00am - 12:00pm**  
Ping Pong **AR**

**10:00am - 1:00pm**  
Actividades en espanol **AS**

**11:00am - 1:00pm** (2nd Weds)  
Little Garden Club **CL**

**12:15pm - 1:00pm**  
Juggling Therapy **AR**

**1:00pm - 2:00pm**  
Spanish Class **CR\***

**1:00pm - 2:15pm**  
Basic Smartphone/Computer

**2:00pm - 3:00pm**  
AARP Meeting **TH**

**2:15pm - 3:00pm**  
Advanced Phone/Computer **VR**

**3:30pm - 4:30pm**  
Life Line Dancers **ER**

**3:30pm - 4:30pm**  
Acoustic Guitar Club **AR**


## Thursday

**8:35am - 9:30am**  
Seniors on the Move Line  
Dancers **ER**

**9:00am - 12:30pm**  
Open Arts **AS**

**9:30am - 10:30am**  
Breakfast Bingo **C**

**9:30am - 10:30am**  
Smartphones & Computers **VR**

**10:00am - 11:00am**   
Yoga Your Way **ER**

**10:15am - 11:15am**  
Keep it Moving (Chair Yoga) **AR**

**11:30am - 1:30pm**  
African Dance/Drumming **ER**

**12:00pm - 4:45pm**  
Pinochle **AR**

**12:00pm - 4:45pm**  
Kings in the Corner **CR**


**1:00pm - 2:00pm**  
Afternoon Bingo **LC**

**1:00pm - 3:00pm**  
Beginner Watercolor **AS\***

**2:15pm - 3:15pm**  
Arthritis Foundation Exercise **ER**

**3:00pm - 4:30pm**  
Playing with Music **LC**


## Friday

**8:45am - 9:45am**   
Muscle Pump **ER**

**9:00am - 10:00am**  
DCSL Singers **TH**

**9:00am - 12:30pm**  
Open Studio **AS**

**9:30am - 10:30am**  
Nutrition Today  
(1st & 3rd Friday) **C**

**10:00am - 11:00am**   
Total Body Workout **ER**

**10:00am - 12:00pm**  
Ping Pong **AR**

**11:00am - 12:30pm**  
Book Club  
(1st & 3rd Friday) **BR**  
Zoom Meeting ID:  
952 0568 6451  
Passcode: bookclub

**11:30am - 1:00pm**  
Ladies in Fitness  
Training **FC**  
(Fitness Center  
reserved)

**12:30pm - 2:30pm**  
Friday Matinee **TH**



## Technology Classes - In Person - No Registration Required

Tuesdays	Wednesdays	Wednesdays	Thursdays
9:30am-10:30am	1:00pm-2:15pm	2:15pm-3:00pm	9:30am-10:30am
Ted Talk Tuesdays	New World	"SuperAgers"	Tech Talk
<i>Ted Rogers, Jr. for tech knowledge</i>	New Skills	<i>Advanced tech knowledge</i>	<i>Smartphone issues</i>
	<i>Intro to smartphones &amp; computers</i>		

**Volunteer Appreciation Lunch | Wednesday, April 17th | 3:00pm – 4:30pm | Exercise Room.**

Active DCSL volunteers are invited to enjoy an afternoon to celebrate your contributions to DCSL. *Open to active volunteers only.* **Register by Tuesday, April 9th, 12:00pm. Call 919-688-8247 ext. 110.**

**Health Promotions Classes**

**Walk With Ease | April 15th - May 24th. Monday, Wednesday, & Fridays | 3:30pm - 4:30pm | Activity Room.** WWE group sessions meet three times per week for 6 weeks. Trained group exercise leaders begin each session with a pre-walk discussion covering a specified topic related to exercise and arthritis, followed by a 10- to 40-minute walk that includes a warm-up and a cool-down. Register: 919-688-8247 ext. 110.

**Arthritis Foundation Exercise Program | Tuesdays and Thursdays | 2:15pm - 3:15pm | Exercise Room |** AFEP is an evidence-based low-impact exercise program led by a certified instructor who will take you through approved exercises including a series of range-of-motion, stretching, strength-building, and conditioning exercises; balance and coordination activities; and relaxation and breathing techniques. Register: 919-688-8247 ext. 110.

**Keep It Moving | Tuesdays & Thursdays | 10:15am - 11:15am | Activity Room |** Our morning offering of the Arthritis Foundation Exercise Program with Certified Instructor Patrick. This is a gentle exercise and mindful movement class to help maintain flexibility, balance, range of motion, strength, and ease of movement. All levels welcome. Register: 919-688-8247 ext. 110. (no class on 3/5)

**Tai Chi for Arthritis & Falls Prevention | Tuesdays 1:00pm - 2:00pm | Exercise Room**  
Join us for an evidence-based program that builds strength as you progress through a series of gentle movements that build balance. All levels of strength, mobility and coordination are welcome to join.

**BingoCize at Little River | Mondays & Wednesdays 9:30pm - 10:30pm |** A 10-week, evidence-based health promotion program. BingoCize combines exercise and health information with the game of bingo. No registration is required. Participants are encouraged to attend all 20 sessions.

**New Classes**

**Stroke Peer Support Group | First Monday of the month 1:00pm – 2:30pm | Volunteer Room**  
This monthly group, led by a stroke survivor, is designed to provide information and resources, and to offer others a chance to share their experiences. No registration required.

**Intermediate French | Mondays | 9:30am - 10:30am | Volunteer Room.** Instructor Adama Traore will lead lessons and discussion for intermediate French students. **Call 919-688-8247 ext. 110 to register.**

**Beginning Watercolor (6 weeks) | Thursdays (April 25th - May 30th) | 1:00pm – 3:00pm | Art Room.** Interested in learning to paint? Sign up for this beginner class with instructor Marie Crock. Limit 12 students. Register: 919-688-8247 ext. 110.

**Friday Matinee Series****Matinee Series**

*Movies subject to change*

**Fridays at 12:30pm**



April 5th: The Great Debaters

April 12th: The Hill

April 19th: The Wonderful Story of Henry Sugar

April 26th: DCSL closed at 12pm



## Recurring Events

10 | DCSL | April 2024

**Member Check-In | Tuesday, April 23rd | 12:30 PM | Lower Commons** | Stay connected with center updates from DCSL staff. No registration is necessary.

**Birthday Celebration | Wednesday, April 24th | 12:30 PM | Lower Commons** | Join us to celebrate DCSL participants born in April! Register: 919-688-8247 ext. 110.

## Weekly Evening Programs | Monday - Thursday

### Monday

**Tech Center**  
open hours  
5:15 - 7:15pm

**Fitness Center**  
open hours  
5:15 - 7:15pm

### Tuesday

**Pinochle**  
5:15pm - 7:00pm

**Line Dancing**  
6:15pm - 7:15pm

**Tech & Fitness Center** open hours  
5:15 - 7:15pm

### Wednesday

**April 24th:** Sip & Paint  
with Marie Crock  
5:30pm - 7:15pm (AS)  
**Register:**  
(919) 688-8247 ext. 110



### Thursday

**Kings in the Corner**  
5:15pm - 7:00pm

**Pinochle**  
5:15pm - 7:00pm

**Tech & Fitness Center**  
open hours  
5:15pm - 7:15pm

## Durham AARP Chapter #189 Meeting

**Durham AARP Chapter Meeting | Third Wednesdays | 2:00PM - 4:00pm | Theater.**  
Join the Durham AARP Chapter to focus on issues that matter to our community.

# April 406 Café Lunch Menu

MON	TUE	WED	THU	FRI
<b>1</b> A-1 Chopped Steak Egg Noodles Glazed Carrots Texas Bread Apple Juice	<b>2</b> Creamy Paprika Chicken Cheesy Potatoes Cabbage Dinner Roll Tropical Fruit	<b>3</b> Sliced Turkey Breast Swiss Cheese Garden Pasta Salad Broccoli Salad Applesauce Hamburger Bun	<b>4</b> Salisbury Beef w/ Brown Gravy Whipped Potatoes Green Peas Dinner Roll Orange Juice	<b>5</b> Pork Rib Patty Baked Beans Whole Kernel Corn Hamburger Bun Seasonal Fruit Pickle Slices
<b>8</b> Baked Chicken Breast w/ Dijonnaise Sauce Confetti Rice Corn Casserole Wheat Bread Orange Juice	<b>9</b> Beef Chilli w/Beans Whipped Potatoes Glazed Carrots Texas Bread Pears	<b>10</b> Baked Chicken Breast w/ BBQ Sauce Macaroni & Cheese Collard Greens Dinner Roll Applesauce	<b>11</b> Tuna Salad Kidney Bean Salad Cucumber Tomato Salad Wheat Bread (2) Seasonal Fruit	<b>12</b> Beef Patty Lettuce, Pickles Tater Tots Mixed Vegetables Hamburger Bun Seasonal Fruit
<b>15</b> Swedish Meatballs Whipped Potatoes Chuckwagon Corn Tropical Fruit Dinner Roll	<b>16</b> Spaghetti Sauce Parslied Spaghetti Green Peas Dinner Roll Apple Juice	<b>17</b> Pork Roast w/ BBQ Sauce Ranch Beans Baby Carrots Hamburger Bun Seasonal Fruit	<b>18</b> Turkey Salad Pasta Salad Cucumber Tomato Salad Hamburger Bun Seasonal Fruit	<b>19</b> Baked Chicken Breast w/ Lemon Sauce Garlic Whipped Potato Capri Veg Blend Dinner Roll Orange Juice
<b>22</b> Cranberry Dijon Chicken Whipped Sweet Potatoes Brussels Sprouts Dinner Roll Seasonal Fruit	<b>23</b> Sliced Ham Northern Beans Collard Greens Cornbread Orange Juice	<b>24</b> Meatloaf w/ Brown Gravy Whipped Potatoes Glazed Carrots Dinner Roll Pineapple Tidbits	<b>25</b> Taco Meat Mixed Beans Corn O'Brien Flour Tortilla Apple Juice	<b>26</b> Chicken Salad Macaroni Salad Beet Salad White Bread (2) Seasonal Fruit
<b>29</b> Chicken Chef Salad w Ranch Herb Potato Salad Three Bean Salad Wheat Bread Seasonal Fruit	<b>30</b> Bourbon Chicken Brown Rice Succotash Glazed Carrots Dinner Roll Orange Juice			

All meals are served with milk



MON	TUE	WED	THU	FRI
<b>8:30am-9:00am</b> Coffee Talk	<b>8:30am-9:00am</b> Coffee Talk	<b>8:30am-9:00am</b> Coffee Talk	<b>8:30am-9:00am</b> Coffee Talk	<b>8:30am-9:00am</b> Coffee Talk
<b>8:30am-10:00am</b> Walking Club	<b>8:30am-10:00am</b> Walking Club	<b>8:30am-10:00am</b> Walking Club	<b>8:30am-10:00am</b> Walking Club	<b>8:30 am-10:00am</b> Walking Club
<b>8:30am-1:00pm</b> Free play gym	<b>8:30am-1:00pm</b> Free play gym	<b>8:30am-1:00pm</b> Free play gym	<b>8:30am-1:00pm</b> Free play gym	<b>8:30 am-1:00pm</b> Free play gym
<b>9:30am-1:30pm</b> Games & quilting (drop-in)	<b>9:30am-1:30pm</b> Games & quilting (drop-in)	<b>9:30am-1:30pm</b> Games & quilting (drop-in)	<b>9:30am-1:30pm</b> Games & quilting (drop-in)	<b>9:30am-1:30pm</b> Games & quilting (drop-in)
<b>10:00am-10:30am</b> Group exercise	<b>10:00am-11:00am</b> Guitar Lessons Bible Study	<b>10:00am-10:30am</b> Group exercise	<b>10:00am-11:00am</b> Guitar Lessons Bingo	<b>10:00am-10:30am</b> Group exercise
<b>10:30am-11:30am</b> Bingo	<b>11:00am-11:30am</b> Bingo	<b>11:30am</b> Congregate meal	<b>10:00 am-11:30 am</b> Cards	<b>10:30am-11:00am</b> Bingo
<b>11:30am</b> Congregate Meal	<b>11:30am</b> Congregate meal	<b>12:30pm-1:30pm</b> Crochet program	<b>11:30am</b> Congregate meal	<b>11:30am</b> Congregate Meal
<b>12:30pm-1:30pm</b> Crochet program	<b>12:00pm - 1:00pm</b> Bass guitar lessons <b>12:30 pm-1:30 pm</b> Crochet program		<b>12:00pm - 1:00pm</b> Bass guitar lessons <b>12:30pm-1:30pm</b> Crochet program	<b>12:30pm-1:30pm</b> Crochet program

Open 8:30am-1:30pm | Monday-Friday | Contact: (919) 477-6066



Thank You, DCSL Volunteers | Support DCSL - Lakewood Social

## THANK YOU TO DCSL'S WONDERFUL VOLUNTEERS!

Thank you for your unwavering commitment to the DCSL community and for being a critical part of the center. We are endlessly grateful for all that you do, and we appreciate your dedication to our mission!



## EAT AT LAKEWOOD SOCIAL EVERY TUESDAY IN APRIL!

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10% of proceeds will support DCSL!

**OPEN 11 AM-9 PM**

**1920 CHAPEL HILL RD, DURHAM, NC 27707**



I V W S V N G Z L K R A X I T N A C  
 F N G S M U N A G B V Z T N T A M O  
 L S D P S M K D V S T B S C J P C M  
 Q U H E G W Z P O P P D H L A P E M  
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ACTIVE  
 APPRECIATE  
 COMMUNITY  
 EQUITY

HEALTHY  
 INCLUSION  
 INDEPENDENT  
 JAZZ

PAINT  
 TECH  
 TSHIRT  
 VOLUNTEER

Durham Center for Senior Life

## *Aging with Pride*

Social group for LGBTQ+ older adults

**April 12th & 26th**

Second and Last Fridays

**2:15pm-3:15pm**

**DCSL Classroom**



**Aging With Pride Movie Matinee 2:00 PM**

Monday April 22nd | DCSL Theatre

"Pride" (2014)

## EMPLOYEE OF THE MONTH



**Chanda Ross, LPN**  
Licensed Practical Nurse

### Never miss a DCSL newsletter!

Sign up to receive our newsletter online: [dcsInc.org/newsletter-sign-up](https://dcsInc.org/newsletter-sign-up)

### Inclement weather notice:

DCSL follows the DPS inclement weather closure and delay schedule, unless otherwise specified. Please refer to our website for updates: [www.dcsInc.org](https://www.dcsInc.org)



## DCSL Administration

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## Thank you to our community supporters!

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