



Durham Center for Senior Life Volunteer Application

Below are different ways you can get involved with DCSL! Note that opportunities and needs vary seasonally; please reach out to the Volunteer Coordinator for additional information.

- **Programs Team:** Cafe 406 Support with coffee and/or Congregate Lunch program, teach a class, lead specialty workshops, tour guides, orient members on Fitness Center equipment, call Bingo, setup and participate with members in afternoon recreation activities; Time Commitment: Role Dependent
- **JFK Towers Satellite Site:** Activity leader, check-in assistance, special event support, security monitor; Time Commitment: One hour weekly or more/As needed for special events
- **Support Services:** Food Pantry stocking, making monthly food or hygiene bags, Shop N Grab setup and breakdown, PEAS meal delivery driver, notary, lead nutrition/cooking workshop, assist in outreach efforts; Time Commitment: One hour or more monthly or weekly/As needed/Ongoing
- **Development & Marketing:** Mailings for special events, photography and/or videography, grant research and writing support, social media support; Time Commitment: As needed/Ongoing
- **Reception/Office Assistant** — Help with important mailings, data entry, and filing; assist at Receptionist desk. Time Commitment: One hour or more weekly/As needed/Ongoing
- **Special Events Support** — Help with the planning and facilitation of special events and DCSL fundraising events, including decorating, setup, welcoming guests, serving food, cleanup, etc.; Time Commitment: Two hours or more/As needed
- **Ambassador** -- Serve as the first contact person at the senior centers and at special events to greet people, give tours to new-comers, and help with publicity and other day-to-day operations. Time Commitment: Weekly/Ongoing
- **Adult Day Health** — Assist with the Adult Day Health Program by working with seniors during the day to socialize as singing leaders, activity leaders, and through participating in special events. Must be 18+ years of age, background check required and experience caregiving and/or working with individuals with Dementia preferred.
- **And More!** Opportunities vary seasonally and we are open to new projects. Please talk with the Volunteer Coordinator for more information on current, high-need areas.

How do I Become a Volunteer?

DCSL has ongoing and one-time volunteer opportunities for everyone, including both groups and individuals. First, check out the opportunities to find a volunteer job that interests you. Next, fill out a Volunteer Application. Individual volunteers must submit this application to the Volunteer Coordinator, who will contact you to complete a one-hour orientation and tour. During orientation, the Volunteer Coordinator will discuss opportunities that match a volunteer's availability, skills, and interests. Large groups should contact the Volunteer Coordinator directly to discuss volunteer opportunities with DCSL. Once a volunteer is approved, a background check may need to be completed depending on the assignment.

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NOTE: PHOTO Id WILL BE REQUIRED WHEN SUBMITTING APPLICATION AND BACKGROUND CHECK FORMS.

PERSONAL INFORMATION

Date: _____

First _____ Last _____ Middle Int. _____

Street _____ City _____ State _____ Zip _____

Daytime Phone _____ Email Address _____ Date of Birth _____

Preferred contact method: Phone ☐ Email ☐

Emergency Contact:

Name _____ Phone Number _____ Relationship _____

AREAS OF INTEREST

Why do you want to volunteer at the Durham Center for Senior Life?

Do you have any experience volunteering with older adults? Yes ☐ No ☐

Please describe previous/current volunteer experience.

Does this volunteer work relate to a college course/internship? Yes ☐ No ☐

If you answered Yes, please describe the requirements.

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I WOULD LIKE TO HELP IN THE BELOW ACTIVITIES: (please select all that apply)

_____ Programs Team _____ JFK Towers _____ Support Services _____ Development/Marketing
_____ Ambassador _____ Office Assistant _____ Special Events _____ Adult Day Health
_____ Other (_____)

I AM AVAILABLE DURING THESE DAYS AND TIMES AND FREQUENCY: (select all that apply)

☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday

Hours available: _____

☐ Weekly ☐ Semiweekly ☐ Monthly ☐ Other _____

REFERENCES: (People that you have known for two or more years, other than family members)

1. _____ Phone _____ Email _____
2. _____ Phone _____ Email _____

By signing this application, I attest that the information on this application is true and accurate to the best of my knowledge and I understand that this application is not a guarantee of volunteering with DCSL.

Signature: _____ Print Name: _____

Date: _____

Return Applications in person, by email to eshapiro-albert@dcsInc.org or mailing to:

406 Rigsbee Ave Suite 202
Durham NC, 27701

Office Use Only

Background Check Completed: _____

☐ Orientation Completed
☐ Confidentiality Agreement

☐ Volunteer in My Senior Center
☐ Added to Master List

☐ Assigned Tasks: _____
